

## Respite Services

### **Overview**

Our Respite Services provide families with brief periods of rest or relief. We offer respite through our two respite homes. Our hope is that these brief periods of respite will enhance the family's ability to manage with its unique responsibilities.

Our two Respite homes offer short-term overnight care for adults through a 24 hour staff supported model. We currently offer overnight respite in Port Perry and Uxbridge. Our home in Port Perry provides two schedule options of out-of-home respite. Weekend respite or weekly respite where adult guests visit the home through the week on a pre-determined six week rotation. Our Uxbridge Respite location is unique in that families call quarterly to book respite at times that meet their individual needs. A modest fee is charged to our users of our overnight respite service, but an inability to pay will not render a person or family ineligible.

### **Application For Service And Eligibility Considerations**

Throughout Ontario, adults 18 years of age and over who wish to apply for this kind of service must contact their regional DSO (the acronym for Developmental Services Ontario). The DSO that is connected with Durham is housed at York Support Services Network and you can reach them at:

240 Edward Street, Unit 3,  
Aurora, ON, L4G 3S9  
Toll Free 1-855-277-2121  
Website [dsontario.ca](http://dsontario.ca)

We're happy to talk to people about our services in advance of the DSO becoming involved. We can also help you to get prepared for that contact with the DSO. But we cannot provide services to people until they have been deemed eligible by the DSO. To make this determination, it will ask for a psychological assessment and for documentation confirming age and Ontario residency.

Families in Durham Region requesting assistance with the DSO and application process can contact Community Living Durham North directly. For application information, our Manager of Support Services, Christie MacDermid, can be reached at:

188 Mary Street  
Port Perry, ON L9L 1B7  
Office 905-985-8511 x 259  
[christie@cldn.ca](mailto:christie@cldn.ca)

Applicants must live with their family or guardians (in Durham Region) and have an intellectual disability. We are equipped to meet a variety of complex care needs, but if the person requires the attendance of a nurse or physician such is not available on site.

### **Our Locations and Hours of Operation**

Our Main Office, which you will probably visit for periodic meetings or educational events, is located at:

188 Mary Street  
Port Perry, ON  
905-985-8511  
Website [www.cldn.ca](http://www.cldn.ca)

**Port Perry Respite** – The Port Perry Respite home is located on Old Simcoe Road. The home is a very large three bedroom accessible home, close to the downtown where respite guests can enjoy the many resources available to them. A ramp is located in the garage area allowing easy access into the home and tracking devices are available in the home to assist with lifting requirements as needed.

**Uxbridge** – The Uxbridge Respite home is located on South Balsam Street. This home is a four bedroom bungalow, with a fully fenced yard. Again, this home is located close to the downtown area where respite guests can enjoy the community's attractions and amenities. The home is not completely accessible and is best suited for people who are ambulatory.

### **Scheduling Of Visits**

**Port Perry:** This home has the ability to accommodate four people at a time. However, the needs of certain guests will sometimes reduce the optimum number of visitors to just two or three. Families who want to access the adult time-share will be allotted one rotation every six weeks either in a weekend spot or a weekly spot.

**Uxbridge:** This home can accommodate up to four respite guests at a time. It has the flexibility to accommodate longer blocks of respite and it can offer weekends to adults. Families need to call the Team Leader four times per year during the following months:

*December* – to book for the months of January, February, and March

*March* – to book for the months of April, May, June

*June* – to book for the months of July, August, September

*September* – to book for the months of October, November, December

Families will be able to book up to 10 days per three-month block allowing for more flexibility and variation in the frequency and duration of visits. Respite stays are scheduled on a first come first serve basis taking into consideration the support needs and matches of the respite guests.

Both homes are hard pressed to accommodate last minute requests for respite for the simple reason that they usually require us to retract a commitment made to another family. However, crises do occur and whenever possible we will respond positively to emergency situations. This might require a deviation from the “first come, first serve” principle, and it might also lead to the Team Leader of the location asking why respite is needed. This should not be construed as an intrusion. The Team Leader simply needs to prioritize competing needs, if indeed more than one family is requesting a given date.

### **Cost**

A fee of \$1.40 per hour or \$21.60 per day. At the end of each month an invoice will be sent to the family for the amount of hours/days used that month. Payment can be made by cheque sent by mail (to P.O Box 964, Port Perry, ON, L9L 1A8) or dropped off at our main office (at 60 Vanedward Dr., Unit #2, in Port Perry). Electronic billing can also be arranged through the financial department.

The Program Manager will be sensitive to each family’s financial situation and will approve nominal payments - not routinely, but where circumstances warrant.

### **Contact Information**

Our website [www.cldn.ca](http://www.cldn.ca)

Kathy Turner, is the Manager of the Port Perry Respite home, and can be reached at 905-985-8511 x 258 or [kturner@cldn.ca](mailto:kturner@cldn.ca)

Candace Chowen is the Manager of the Uxbridge Respite home, and can be reached at 905-985-8511 x 257 or [cchowen@cldn.ca](mailto:cchowen@cldn.ca)

Our entire senior management team is also at this number (905-985-8511) and our receptionist or automatic directory will help to direct your call.