

## CLDN's guidelines for Respite Services in response to COVID-19

### Booking a Visit:

- All visits must be pre-scheduled by or with the Team Leader and/or Manager of the program location
- The date, or consecutive dates, the person will attend need to be agreed upon, as well as specific arrival and departure times
- Because of the need to social distance, the number of people served in each home, at any one time, will be reduced to two, and they will be supported by two staff. During overnights (at best) there will be a further reduction to one and one
- Helping people to social distance will be our foremost consideration in deciding whether certain people should attend on the same day, when or if certain people should access the community, the allocation of bathrooms, etc., etc.
- During this scheduling process, a detailed conversation will occur about the family's comfort level with the participant accessing the community

### Screening:

- All respite guests will participate in a Covid-19 related telephone pre-screening at the time of booking, and a second screening on the day of the visit
- If a respite guest does not pass the screening upon arrival, they will not be able to enter and will need to return home

### During the Respite Stay:

- Food items can accompany the person to the Respite Home but this should be discussed prior to arrival
- All participants will perform hand hygiene when arriving
- All participants will be educated about, and try their best to adhere to, respiratory etiquette
- All participants will be offered a cloth face covering (acceptance is not mandatory)
- As much as possible, and as much as they are able, participants will maintain a minimum of 2 meters (6 feet) social distance from other participants and staff
- All staff will wear a medical mask at all times and they will don full PPE in order to perform personal care if such is necessary

### CLDN will:

- Support respite visits while protecting people supported and all employees
- Sanitize / Disinfect after each visit
- Provide a schedule of events for respite guests to ensure people are engaged and enjoy their visit
- Ensure proper and safe physical distancing occurs during meal times
- Only a single guest and one staff will occupy an agency vehicle for the purpose of community access
- Staff will follow all PPE protocols while supporting people at the respite home