

### **Our Protocols for Group Homes;**

### and our plans for Respite and Day Programs as they move toward a partial re-opening during COVID-19

### Last Updated: December 4, 2020

CLDN is complying with the orders and following the guidelines and recommendations issued by federal, provincial and municipal/regional levels of government.

# Screening \*Updated November 18'20\*

Screening stations will be set up at the main entrance to the location. Hand sanitizer, procedure masks, each employee's monthly screening sheet (in a portable file), a touchless thermometer, a pen, and essential visitor screening sheets will be located at the screening station.

All employees will take their temperature and complete their screening checklist. They will only enter the location once they have passed the screening checklist, sanitized their hands, and put on a mask. If they do not pass the screening, they will not enter and management will immediately be contacted.

Staff who have not previously passed the screening may return to work when:

- At least 24 hours have passed since last fever without the use of fever-reducing medications and
- Symptoms (e.g., cough, shortness of breath) have improved

COVID 19 testing should be pursued in accordance with current provincial guidelines.

All supported people living in a 24 hour home will be monitored by staff for any signs / symptoms of COVID-19 including temperature checks twice daily.

Non-essential visitors will not be permitted inside the home at this time.

Staff on shift will screen all essential visitors prior to entering. They will only enter the location once they have passed the screening checklist, sanitized their hands, and put on a mask. (Most essential medical visitors will come with their own mask provided by their employer) If they do not pass the screening, they will not enter and management will immediately be contacted.

## PPE \*Updated December 4, 2020\*

All PPE supplies will be stored in a central location and an up to date inventory will be kept of all available PPE.

All required PPE will be sent to each program location weekly

All direct support staff will wear a medical mask for the duration of their shift, changing the mask every four hours or when damaged, damp, or contaminated.

All employees will follow all <u>protocols</u>, and policies outlining what PPE to use depending on the supports required. *PPE Protocols can be found on the CLDN website and in the program information binder at each location*.

All staff will wear a face shield, which is provided by C.L.D.N. for the duration of their shift. Face shields will be disinfected by each employee at the end of their shift as well as anytime it becomes damp, dirty, or contaminated. Each program location has been provided with two totes, one to keep face shields in that have been disinfected and one to keep those in that have been used and require disinfecting. C.L.D.N has provided each staff with their own face shield, which can be labelled to easily identify who the face shield belongs to. All Face shields will be kept on site and stored in the tote labelled cleaned / disinfected Face Shields after they have been disinfected. Each program location also has some extra face shields for staff who pick up a shift at the location or an essential visitor who may arrive on location without a face shield to wear.

Each float staff and program manager will have a face shield that they will carry with them. These shields will be disinfected when entering a program location, anytime it becomes damp, dirty, or contaminated, and prior to leaving a program location.

### Education & Signage

All employees will complete the training provided on Surge learning for donning, and doffing PPE as well as proper hand hygiene.

Signs will be posted throughout the location reminding people to maintain physical distance.

Signs will be posted to remind people of proper hand hygiene.

Signs will be posted in common areas (Living rooms, kitchens, office spaces) indicating how many people can be in this space at one time.

#### **Physical Distancing**

All employees will maintain at least 2 meters (6 feet) between themselves and their co-workers.

All employees will provide education to the people they are supporting concerning physical distancing.

All people supported will maintain at least 2 meters (6 feet) apart to the best of their ability and with staff's encouragement.

When not providing direct personal care support staff will maintain at least 2 meters (6 feet) between themselves and the people they are supporting.

Extra seating will be removed in all common areas to assist in the maintenance of physical distancing.

Employees will support people to shelter in place for the most part; however, certain activities are permitted as outlined below.

Meal times will be staggered for people supported to maintain safe <a href="physical">physical</a> <a href="distancing.">distancing.</a>

Breaks will be staggered for all employees to maintain safe <u>physical distancing</u>.

Worker / Workplace Hygiene	All employees and people supported will perform proper <a href="hand-hygiene">hand hygiene</a> on a regular basis throughout the day including upon arrival, prior to cooking/ meal prep, prior to cleaning, after cleaning is completed, prior to proving personal support, after providing personal support, whenever hands are visibly dirty, and after washroom use.
	All employees will practice proper <u>coughing / sneezing etiquette</u> and educate the people they are supporting on this etiquette.
Day Programs *New as of July 27/20*	Staff working out of the program building (SIL /CHPI) have de-cluttered and removed all communal items that cannot easily be cleaned i.e. papers, magazines, candy bowls in preparation for re-opening.
	Floor plans have been reviewed and furniture re-arranged to promote <a href="mailto:physical">physical</a> <a href="mailto:distancing">distancing</a> to prepare for re-opening.
	Day Programs open up with a minimal amount of participants at the program location.
	Physical distance must be maintained between all people at all times (including during vehicle travel, one person and one staff).
	Follow CLDN's Transportation Protocol. <i>This protocol can be found on CLDN's website and in each location's Program Information Binder.</i>
	See Guidance Document "CLDN's guidelines for Re-Opening Community Support Services".
Respite *New as of August 10/20*	Respite Programs can open up with a minimal amount of participants at the program location.
	Physical distance must be maintained between all people at all times

(including during vehicle travel, one person and one staff).

Follow CLDN's Transportation Protocol. This protocol can be found on CLDN's website and in each location's Program Information Binder.

See Guidance Document "CLDN's guidelines for Respite Services in response to COVID-19".

Disinfecting / Cleaning /\*Laundry \*New as of November 4/20\*

All employees will complete increased disinfecting as outlined on the D3 Program task list following proper disinfecting methods. All high touch areas will be disinfected at least four times daily. (Using On the Mark once per day and another disinfectant three times per day)

All employees will ensure they are using a separate spray bottle for each cleaner. Do not mix cleaners or share bottles as this could cause a chemical reaction. Always follow WHMIS, manufacturer's instructions and SDS sheets.

All people's laundry including bedding and towels will be washed separately from other housemates laundry. Staff will assist people to do their laundry using hot water/hot water cycle and soap. Once the wash cycle is completed, staff will assist the person to put their laundry into the dryer and ensure it is completely dried.

All high touch areas in agency vehicles will be wiped down prior to use and once returned to the program location. (Steering wheel, keys, radio controls, control arms, door handles, window operations buttons/ handles etc.)

Sharing of equipment (keyboards, pens, etc.) should be avoided when possible. If not possible equipment should be disinfected after each use. Meetings /Activities /Training \*Updated October 9'20\* All non-essential meetings, social events, and activities will be cancelled if they would compromise our social distancing protocols. Exceptions including "Family Visits", "Outdoor Recreation", and "Medical appointments" as described below as well as anything that can be done virtually.

Whenever possible meetings will take place via the telephone or on-line (i.e. Zoom, FaceTime, etc.).

Fit Testing will still happen for all employees who are about to expire. Appointments will be staggered and will happen one employee at a time as opposed to a group setting with sanitizing / disinfecting happening in between appointments.

Whenever possible staff training will be moved to an on-line format.

Staff will support people to get outside to enjoy their yard and by going for walks in their community, always maintaining <u>physical distance</u> from others. People supported will be offered a level 1 medical mask to wear while out for a walk and all staff will wear their medical mask.

Groceries / Take
Out/ Supplies
\*New as of
July 27/20\*
Updated Aug. 13/20
Updated: November
6/20

Masks have been made mandatory for all indoor public spaces.

Weekly Sysco orders will cease. Orders will still occasionally be placed if required.

All locations have been set up with a PC account to complete click and collect orders for groceries/ supplies needed. Click and Collect is still in place and staff can continue to place weekly grocery orders. Programs will utilize the debit card from the program location to pay for click and collect orders at the locations that this is possible to do so. To pay by debit staff must add a comment when placing the order on-line in the comment section, to indicate you will pay using a debit card to pick up the items ordered.

Staff who are comfortable can visit the grocery store to complete their main grocery shop while ensuring they only go to one store and not more than twice per week; as long as they have the staffing compliments in the home to accommodate a staff leaving the program for an extended length of time as people we support are not to go to the store.

Groceries entering the home must be disinfected and put away immediately upon entering the location. All bags that groceries arrived in will be disposed of into the garbage. Staff will perform <a href="https://handling.groceries.">handling.groceries</a>.

Shopping will occur when the staffing compliment allows for staff to leave the program. Supported people will not enter stores or participate in shopping with staff.

In consultation with the Team Leader and Program Manager each program should name a designated Grocery Shopper and a back-up Grocery Shopper who are comfortable completing the shopping.

All medications will be delivered to the home.

Staff may attend a pharmacy to pick up a prescription, replenish an over the counter PRN medication or to have contents in the Compliance Pack adjusted if there has been a medication change. \*\*If this happens it will not count as one of the programs two trips to get groceries\*\*

	Employees will fill agency vehicles with gas when required. Employees will purchase gas from the station that is the least busy and will only step inside the building to pay for the gas when safe physical distancing can be maintained. Staff will sanitize their hands immediately following any gas purchases. If it makes sense geographically, staff can fill vehicles on the Island at the full service station.
	Propane tanks for household Bar-B-Ques can be filled at the full service station on the island if it makes sense geographically to go there, otherwise will be filled /exchanged at the gas station when filling the agency vehicle.
	If take out food is purchased, all food will be immediately removed from the packaging it is received in and placed on dishes in the home; all packaging will be disposed of. Any areas the packaging has touched will be <a href="disinfected">disinfected</a> and staff will perform <a href="hand hygiene">hand hygiene</a> . All take out orders must be pre-approved by the Program Manager.
	All deliveries must be removed from the packaging it was shipped in and the contents to be disinfected. The packaging is to be disposed of into the garbage. Staff will perform <a binder)<="" href="https://packaging.ncbi.nlm.ncbi.nl&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;People's Personal Banking **Updated September 15'20**&lt;/td&gt;&lt;td&gt;The Team Leader or designate is able to support people to go to the bank to update their bankbook, and or to get spending money (Cash on hand for the program) to a maximum of 1 time per week.&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;September 15 20&lt;/td&gt;&lt;td&gt;Staff will wear a medical mask for the duration of their shift. Practice proper hand hygiene before entering the bank and again after leaving the bank. Employees will not support people to enter the bank if it is crowded; if there is a large crowd in the bank and 6 feet of physical distancing is not possible to maintain, employees will leave and plan to return to the bank at another time.&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;Policies / Protocols&lt;/td&gt;&lt;td&gt;All employees will follow the policies and procedures as set out by CLDN. All employees will also follow all new protocols that have been implemented as a result of COVID-19.&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Managers and Directors will complete regular audits to ensure employees are maintaining appropriate physical distance and are following all protocols that have been implemented as a result of COVID -19.&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;Vendors &amp; suppliers will be asked what measures they have implemented to manage COVID-19 related risks.&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;Transportation&lt;/td&gt;&lt;td&gt;All employees will follow the CLDN &lt;u&gt;Transportation protocol&lt;/u&gt;. This protocol can be found on the CLDN website as well as in the program information binder at each location&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;&lt;/td&gt;&lt;td&gt;&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;*New as of&lt;br&gt;June 23/20*&lt;/td&gt;&lt;td&gt;Family visits will be permitted for those who can follow all of the expectations as outlined in Guidelines for Family Visits. These visits will require preplanning. See your programs visits binder for all of the details, guidelines, and&lt;/td&gt;&lt;/tr&gt;&lt;tr&gt;&lt;td&gt;Family Visits&lt;/td&gt;&lt;td&gt;expectations for visits. (Black binder that has the name of the home and the word " of="" on="" spine="" td="" the="" visits"=""></a>

* New as of July 13/20*	Staff will support people to book and attend routine, in office, medical appointments such as the dentist or optometrist, if the practitioner is offering these.
Medical	Staff must contact the clinic to determine whether the person will be able to have support staff present for those who require support.
* New as of November 11/20*  Outdoor Recreation	Outdoor areas can be accessed (parks, nature trails) so long as it is open to the public.  Physical distance must be maintained between all people at all times.  Activities will be approved on an individual basis.  If you arrive and it is too busy to safely maintain safe physical distance (2
	meters / 6 feet) you should not stay.