

PPE Protocol for bedroom isolation

When a person supported has a suspected and/or confirmed case:

Staff will follow these below steps:

1. The infected person must self-isolate immediately.

If staff are entering, the space that the person is self-isolating in they will:

Donning PPE:

- Perform hand hygiene
- Don on a level 1 gown
- Don a medical mask.
- Don a face shields
- Don gloves. Ensure that the gown is tucked into the wrist of the glove.

Doffing PPE:

- Doff gloves and dispose in garbage located directly outside of the washroom, using the foot pedal to open and close the lid.
- Perform proper hand hygiene
- Doff face shield and place in the tote provided
- Doff disposable gown and dispose in garbage located directly outside of the washroom, using the foot pedal to open and close the lid.
- Perform proper hand hygiene
- Doff medical mask and dispose in garbage located directly outside of the washroom area, using the foot pedal to open and close the lid.
- Perform proper hand hygiene
- Don new medical mask
- Disinfect the face shield and tote with bleach and water mixture, dry and don face shield
- Perform hand hygiene

Disinfecting:

- Use a disinfectant cleaner or Bleach/Water mixture. When using a disinfectant follow the manufacturer instructions and reference the SDS sheet.
- The bedroom of the supported person who is in isolation will be disinfected four times daily. This will be performed during times of support as you are minimizing the amount of entry times and usage of PPE. Disinfecting will include: all commonly touched surfaces (bed side tables, bed frames, other bedroom furniture, light switches, door knobs)

- Staff will disinfect all shared washrooms after every use. All other washrooms will be disinfected four (4) times daily as per the enhanced cleaning checklist. The person who is self-isolating will be provided with his or her own roll of toilet paper to use when in the washroom.

Every other staff working in the home who are NOT entering the room of isolation:

- Wears a medical mask, changing it every 4 hours or more often if it gets damp, dirty or contaminated
- Wears a face shield, which is provided by C.L.D.N. for the duration of their shift. Face shields will be disinfected by each employee at the end of their shift as well as anytime it becomes damp, dirty, or contaminated. Face shields will be disinfected using a disinfectant spray cleaner, a bleach/ water mixture, or a disinfectant wipe. Thoroughly cleaning the entire shield and the mechanism used to attach the shield to your head and or face. After disinfecting, the face shield staff will disinfect the inside and outside of the tote that the dirty or contaminated face shield was transported in using a disinfectant spray cleaner, a bleach/ water mixture, or a disinfectant wipe.
Each program location has been provided with two totes, one to keep face shields in that have been disinfected and one to keep those in that have been used and require disinfecting. C.L.D.N has provided each staff with their own face shield, which can be labelled to easily identify who the face shield belongs to. All Face shields will be kept on site and stored in the tote labelled cleaned / disinfected Face Shields after they have been disinfected. Each program location also has some extra face shields for staff who pick up a shift at the location or an essential visitor who may arrive on location without a face shield to wear.
- Each float staff and program manager will have a face shield that they will carry with them. These shields will be disinfected when entering a program location, anytime it becomes damp, dirty, or contaminated, and prior to leaving a program location
- Practices good hand hygiene
- Practices social distancing from other staff and people supported.

The supported person in isolation and his/her roommates:

- Will be offered to wear a mask (if they can tolerate it)

Laundry:

Using proper PPE (gown, medical mask, face shield, gloves as outlined above) gather up the supported person's laundry and place into a bag for easy transfer to the laundry room. Clean clothes, bed linens, bath and hand towels using laundry soap and hot water, and dry thoroughly.

Dishes:

Using gloves, place the dishes in the dishwasher. Immediately remove gloves once dishes are put in the machine and wash your hands. Don clean gloves and disinfect all surfaces that may have been touched including doorknobs, the counter and the front of the dishwasher.

If a staff member believes, they have COVID-19

- Contact the COVID 19 Command Post email, your manager and the HR Department Immediately
- Use the self assessment tool at <https://covid-19.ontario.ca/self-assessment/#q0>
- Seek Medical attention to confirm that it is COVID-19

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