

## **PPE Protocol for bedroom isolation**

### **When a person supported has a suspected and/or confirmed case:**

Staff will follow these below steps:

- The infected person must self-isolate immediately. The person must remain in bedroom isolation for 5 days (up to 10 days if symptoms persist). All staff will wear N95 respirator, gown and face shield when entering the bedroom of the person isolating. This PPE must be donned prior to entering the room.
- All staff will don gloves when providing personal care, cleaning, or doing laundry ensuring that proper [hand hygiene](#) is complete prior to donning gloves and again after doffing gloves as well as regularly throughout their shift

If staff are entering, the space that the person is self-isolating in they will:

#### **Donning PPE:**

- Perform hand hygiene
- Don on a level 1 gown
- Don a N95 respirator.
- Don a face shield
- Don gloves. Ensure that the gown is tucked into the wrist of the glove.

#### **Doffing PPE:**

- Doff gloves and dispose in garbage located directly outside of the washroom/ bedroom, using the foot pedal to open and close the lid.
- Perform proper hand hygiene
- Doff face shield and place in the tote provided
- Doff disposable gown and dispose in garbage located directly outside of the washroom, using the foot pedal to open and close the lid.
- Perform proper hand hygiene
- Doff N95 respirator and dispose in garbage located directly outside of the washroom area, using the foot pedal to open and close the lid.
- Perform proper hand hygiene
- Don new N95 respirator
- Disinfect the eye protection and tote with bleach and water mixture, dry and don eye protection
- Perform hand hygiene

#### **Disinfecting:**

- Use a disinfectant cleaner or Bleach/Water mixture. When using a disinfectant follow the manufacturer instructions and reference the SDS sheet.
- The bedroom of the supported person who is in isolation will be disinfected four times daily. This will be performed during times of support as you are minimizing the amount of entry times and usage of PPE.

Disinfecting will include: all commonly touched surfaces (bed side tables, bed frames, other bedroom furniture, light switches, door knobs)

- Staff will disinfect all shared washrooms after every use. All other washrooms will be disinfected two (2) times daily as per the enhanced cleaning checklist. The person who is self-isolating will be provided with his or her own roll of toilet paper to use when in the washroom.

**Every other staff working in the home who are NOT entering the room of isolation:**

- Wears a medical mask, changing it every 4 hours or more often if it gets damp, dirty or contaminated
- Practices good hand hygiene
- Practices social distancing from other staff and people supported.

**The supported person in isolation and his/her roommates:**

- Will be offered to wear a mask (if they can tolerate it)

**Laundry:**

Using proper PPE (gown, N95 respirator, eye protection, gloves as outlined above) gather up the supported person's laundry and place into a bag for easy transfer to the laundry room. Clean clothes, bed linens, bath and hand towels using laundry soap and hot water, and dry thoroughly.

**Dishes:**

Using gloves, place the dishes in the dishwasher. Immediately remove gloves once dishes are put in the machine and wash your hands. Don clean gloves and disinfect all surfaces that may have been touched including doorknobs, the counter and the front of the dishwasher.

**If a staff member believes, they have COVID-19**

- Contact the COVID 19 Command Post email, your manager and the HR Department Immediately
- Use the self assessment tool at <https://covid-19.ontario.ca/self-assessment/#q0>
- Seek Medical attention to confirm that it is COVID-19